

Exam Number:	Submission 4
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At the beginning of the Edinburgh Award, you chose three skills that you particularly wanted to strengthen. During the Award you’ve also looked at how you can increase the impact you have on others.

Please provide a written account that shows you have been purposeful and reflective in working on your skills and impact. At this stage you should also include an indication of how you may intend to change your approach for the remainder of your time on the Award given what you have learnt to this point.

Your submission will be reviewed by students across the Award who are not involved in the same activity as you so please ensure your reflections can be understood by anyone.

If needed, further guidance, example submissions and the criteria on which submissions are judged are available at: <http://www.ed.ac.uk/edinburgh-award/peer-assessment>

***Note:** As part of the Edinburgh Award, your submissions will be reviewed by other students and staff, and may be used elsewhere (in part or in whole) – your name will never be attached and only the content you enter will be used.*

Instructions

There are four boxes below, one for each of the three skills you wanted to strengthen and one for the impact you have had. In each box write about 200 words describing **what progress you have made** (if any), **what steps** you have taken to try to improve this skill, **what you have learned** from your experiences and **what you might change** in your approach for the remainder of your time on the Award.

Don’t worry if you haven’t made as much progress as you would have liked; your description can include what has limited your progress and if there are different approaches you would take in the future. For example, you may have found that you initially overestimated your ability in one of the skills – that’s OK.

Write so that your text makes sense to someone who has had no connection with your activity.

Skill One:	Personal and intellectual autonomy
I think I am getting better at it. Every time after a piece of writing or an informal conversation, I try to re-cap or sometimes even to write things down to look back and see what was good or bad. I feel it this made me more productive because, for example, now, before a conversation with my tutor, I will always take notes on what I want to discuss and then go back to these notes and reflect. It taught me to think beforehand.	

Skill Two:	Communication
The organisation of the events goes well. All the people who take part in our events, seem to be happy and keen on coming again.	

Skill Three:	Personal effectiveness
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I do not think I have fully achieved what I aimed for. I think that we organise great study sessions and socials in different venues but attendance is still very low. I will still need to work on my communication skills. I may want to re-think how to get the messages into masses about what we are doing in a different way.

Impact on others

I think we made a good platform for studying and socialising. Also, the attendance is not always great, it seems that there are people who are consistent in attendance and feel grateful about what we are doing.