## Edinburgh Award (Students' Association: Society and Volunteering Group Office Bearers)

This award is given to students whom the University has recognised for actively working to maximise their impact and excel as an Office Bearer. These students have demonstrated an extraordinary commitment to their society or volunteering group.

In successfully completing the Edinburgh Award, these students will have been helped to:

- increase their self-awareness;
- make the most of their existing strengths and build new skills/abilities against clear development goals;
- understand the processes involved in having a planned positive impact and strategically working to excel, enabling them to have impact and make a difference whatever situation they are in; and
- look not only at their committee work, but also to capitalise on their experiences elsewhere to inform and enhance their role as an Office Bearer, and *vice versa*.